

Ema Luísa Fernandes de Freitas

Psychologist/Professional trainer

I love learning new skills and taking on fresh challenges. Besides having a sincere and professional attitude and being very comfortable liaising with staff at all levels, I'm also a positive and dedicated person. I am creative, practical, cheerful and I do have a curious disposition.



✉ umanovaema@gmail.com



Funchal/Portugal



www.linkedin.com/in/ema-de-freitas-79792b69

Work Experience

02/2016 - Present

Funchal, Portugal

Psychologist/Professional trainer

Escola Profissional Cristóvão Colombo

Centro de Qualificação e Ensino Profissional

Tasks/Achievements

- Analysis/development of recognition, validation and certification processes; skills balance methodology; development of resources for building a reflective learning portfolio (elementary/high school).

05/2002 - 01/2016

Portugal

Professional trainer

Vocational Schools

In Continental Portugal and in Madeira Island

Tasks/Achievements

- Courses: "Formação Pedagógica Inicial de Formadores", "Relações Interpessoais", "Gestão", "Electrónica e Telecomunicações", "Apoio Psicossocial", "Comunicação, Marketing, Relações Públicas e Publicidade", "Auxiliar de Saúde".

04/2007 - 12/2013

Funchal, Portugal

Title/Position

Escola Profissional Cristóvão Colombo

Centro de Qualificação e Ensino Profissional

Tasks/Achievements

- Analysis/development of recognition, validation and certification processes; skills balance methodology and development of resource for building a reflective learning portfolio (elementary/high school) President of the Jury of the Certification team.

09/2003 - 09/2006

Braga, Portugal

Pedagogical Coordinator

Tecla

Vocational School

Tasks/Achievements

- Course: "Pedagogical Training Course for Future Trainers".

04/1997 - 12/2001

Psychologist

"Espaço T" and STFPN

Tasks/Achievements

- Guidance and follow up of Espaço T members; Guide and provide information to job seekers (STFPN).

Education

09/2011 - 11/2012

Funchal, Portugal

Post graduation in Human Aspects of Technology

University of Madeira/ M-ITI

09/1991 - 06/1996

Bachelor degree in Psychology

University of Minho

Skills & Competences

Training/Teaching



Adult Education



Psychology



Resiliency



Critical thinking



Creativity



Lidership and initiative



Verbal/written comunication



Time manegment



Problem solving



Training

Professional training in future's trainers professional courses and adult education

- Professional Schools - 2006 - 2010

Adult Learning in the 21st Century

- European Association for the Education of Adults - 2016

Personal Projects

Ema's Corner

Etsy online shop - 2012 - 2016

Additional Information

Habitat for Humanity (2011)

Global Village Team Member

Several Sports Clubs (1983 - 1994)

Volleyball player

Scout Movement (1977 - 1981)

Girl Scout

Languages

Portuguese

Native or Bilingual

English

Expert